

The MAMMI Study

Newsletter, June 2018

From everyone here at the MAMMI study, we hope that you and your family are all happy, healthy and well and enjoying the summer months! It is always a pleasure to update you on the developments and progress of the study. Remember to follow us on Twitter at [mammi_tcd](#) to keep up to date on MAMMI events!

Thank You!

The MAMMI 5-year and Second Baby follow-up studies are well underway and we are delighted to have so many women continue with the research! The study could not take place without your ongoing support, a huge *THANK YOU* to everyone who has taken, and continues to take part!



Progress on the MAMMI Public Participation in research Initiative (PPI)

Many thanks to all the women who joined us for the MAMMI PPI meetings in March and May. It is wonderful to see that so many of you are enthusiastic about MAMMI research and improving women's health and services. We are truly grateful to hear your perspectives on the research topics that are important to you as mothers.

The first research topic has been identified and submitted for ethical review:

'What research matters to women in the first year of motherhood'

The study will identify the research topics that matters most to women as new mothers, based on their own experiences of maternity care, services and motherhood, up to one-year post-birth. It will be unique in Ireland and the first study to identify women's own maternal health research priorities!

Following ethical approval, we will extend a formal invitation to take part in one-to-one telephone interviews to explore women's research priorities, identify the issues that matter most to women and how research on these issues could contribute to making the first year of motherhood better for new mothers (have impact on and change/modify services)

The MAMMI Study Team

Congratulations to Deirdre O'Malley on submission of her PhD thesis on 'Postpartum sexual health in nulliparous women in Ireland: a mixed methods study.' Welcome to Maggie O'Donovan, Sinead Craddock and Alison Dillon who joined the team as research assistants.

Upcoming MAMMI conference

We are delighted to say that the MAMMI Team will be hosting a one-day International Maternal Health Conference '**Improving Maternal Health -From Evidence into Action**' on **Tuesday, October 23rd 2018**, at the School of Nursing and Midwifery, Trinity College Dublin. This conference will bring together speakers from various backgrounds with a shared interest in improving maternal health to explore ways of translating the best available evidence into practical improvements in how services are delivered to the women who need them.

We have reserved 30 FREE PLACES for MAMMI participants and will send you all an invitation and further information in September - make sure to grab your place early! We hope it will be as exciting as our 2016 conference, gain extensive media coverage and publicise the need for/ways to improve maternity and postpartum health services.



Keep in contact with the MAMMI study!

If you have changed address, help us stay in touch by letting us know at our new email address: mammistudy@tcd.ie or call us on: 087 118 6762.

If you are interested in becoming involved with MAMMI research or have any questions, feel free to contact us at either of the above!